

#16 Foluke Akinradewo



Middle Blocker
6-3 Freshman
Plantation, FL
St. Thomas Aquinas HS
Birthdate: October 5, 1987
Major: Undeclared



Stanford: A very successful three-sport high school athlete ... Has played with the United States Junior National Team the past three seasons ... She has never played club volleyball,

but her extraordinary athletic abilities make up for any inexperience, according to the Cardinal coaching staff.

High School: A 2005 graduate of St. Thomas Aquinas High School ... A three-year letter winner, and captain of her team for two seasons ... The 2002 and 2003 Broward County Player of the Year ... An All-American selection in 2003 and 2004, and an all-state selection in 2002, 2003 and 2004 ... The Florida Dairy Farmer's Volleyball Player of the Year ... Florida Gatorade Player of the Year ... Also participated in basketball and track ... The Florida state champion in track and field in 2002, 2003, 2004, and 2005 ... An all-state selection in basketball in 2004 and 2005 ... Principal Honors Award winner all four years of high school.

National Competition: The starting middle blocker on the USA Junior team that competed in the 2005 World Championships in Turkey ... Also played with the USA Senior team that competed at the 2005 Pan Am Cup in the Dominican Republic ... A member of the gold medal winning USA Junior National Team in 2004 at NORCECA ... Earned fourth place as a member of the USA women's national training team at the 2005 Pan American Games in the Dominican Republic.

Cardinal Catalogue: Daughter of Ayoola Akinradewo (father) and Comfort Akinradewo (mother) ... Her brother (Foluso), participated in track & field at the University of Oregon ... Full name is Foluke Atinuke Akinradewo.

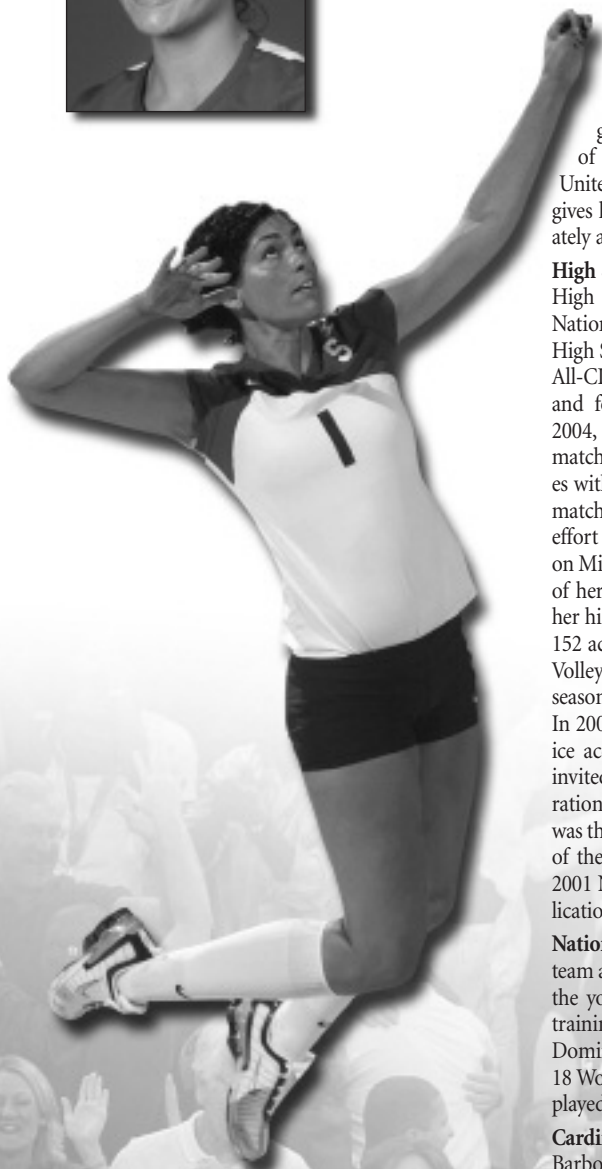
Stanford Volleyball will be fun to watch this year because: we have a bunch of great athletes who are driven to win
My greatest athletic moment was: winning the high school volleyball state championship my senior year
The athlete I admire most: Ogonna Nnamani
The current or former Stanford athlete I most enjoying watching perform: Ogonna Nnamani
Best book I have ever read: The Da Vinci Code
Favorite Food: pizza
Least Favorite Food: fish
If I had to cook all of my meals, I'd probably survive on: macaroni and cheese
My favorite movie: Remember the Titans
My favorite TV show: House
My ultimate Sportscenter highlight would be: being at the NCAA National Championships and hitting a ball so hard that it bursts
My favorite musical group: John Mayer
The best advice I ever received was: playing sports is hard. The "hard" is what makes it special. If it wasn't hard, everyone would do it.
The person or people who have had the greatest influence in my career: my mom, dad, and my brothers
If I could invite three people to dinner in history, they would be: Jesus Christ, Martin Luther King Jr., and President Clinton
I'd like to switch places for a day with: President George W. Bush
My advice to youngsters: never give up on your dreams. The only person that can turn those dreams into reality is yourself, so work hard to accomplish it.
If I could bring anything from my hometown to Stanford it would be: the sunny beaches
If I had one CD to listen to it would be: a mix of all my favorite songs
One wish I would make for the 21st century: to end all the unnecessary wars that are occurring in this world

"I think that being a student-athlete at Stanford University is a great challenge. We are expected to perform both on the court and in the classroom. But we don't go through it alone. We support each other through it all, whether it be moral support or tips for studying."

#1 Cynthia Barboza



Outside Hitter
6-0 Freshman
Long Beach, CA
Long Beach Wilson HS
Birthdate: February 7, 1987
Major: Undeclared



Stanford: One of the top recruits in any class that has entered Stanford University ... A very gifted, athletic player who already has a high level of experience ... One of the alternates on the 2004 United States Olympic Team ... Her experience level gives her a chance to play extensive minutes immediately at the collegiate level.

High School: A 2005 graduate of Long Beach Wilson High School ... Named the 2004-05 Girls Gatorade National High School Player of the Year ... The 2004 High School Player of the Year by Volleyball Magazine, All-CIF (Southern Section) Division I-AA co-MVP, and four-time first team All-CIF recognition ... In 2004, averaged 18.3 kills, 1.57 blocks and two aces per match ... Hit .537 for the season, compiling 14 matches with an attack efficiency greater than .650 and four matches in which she hit better than .800 ... Her best effort of the season (.840) came against state champion Mira Costa ... A four-year letter winner, and captain of her team her junior and senior seasons ... Finished her high school career with 2,145 kills, 349 blocks and 152 aces ... In 2004 was named the Gatorade National Volleyball Player of the Year for a second consecutive season, the first volleyball player to achieve that feat ... In 2003, she recorded 550 kills, 46 blocks and 38 service aces, and was the only high school player to be invited to train with the U.S. National Team in preparation for the 2004 Summer Olympics in Athens, and was the first alternate ... The 2002 National Sophomore of the Year by Student Sports Magazine and was the 2001 National Freshman of the Year by the same publication.

National Competition: Played on the USA Senior team at 2005 Pan Am Cup ... Earned a bronze medal as the youngest member of the USA women's national training team at the 2003 Pan American Games in the Dominican Republic ... Placed fifth at the 2004 Under-18 World Beach Championship in Termoli, Italy ... She played for Club Long Beach.

Cardinal Catalogue: Daughter of Jane and Robert Barboza ... Full name is Cynthia Jane Barboza.

Stanford Volleyball will be fun to watch this year because: we have a really fun blend of personalities and play with a lot of heart and enthusiasm
My greatest athletic moment was: Signing with Stanford and being asked to play with the national team
The athlete I admire most: Lance Armstrong for his determination to not let anyone or anything slow him down
The current or former Stanford athlete I most enjoying watching perform: Ogonna Nnamani, because it's so fun to see someone you love succeed
Best book I have ever read: Where's Waldo
Favorite Food: sushi, crunchy rolls from Sushi Studio
Least Favorite Food: pork chops
If I had to cook all of my meals, I'd probably survive on: BBQ chicken and ranch salads
My favorite movie: You Got Served
My favorite TV show: In Living Color & Recess
Favorite Actor: Will Ferrell / Favorite Actress: Angelina Jolie
My favorite musical group: Dave Matthews Band
The best advice I ever received was: What you want might make you cry and what you need might pass you by if you don't catch it.
The person or people who have had the greatest influence in my career: My club coach Joy McKenzie-Fuerbringer
If I could invite three people to dinner in history, they would be: Dennis Rodman, Vanilla Ice, and Jim Carrey
I'd like to switch places for a day with: Kristin Richards
If I could bring anything from my hometown to Stanford it would be: The beach
If I had one CD to listen to it would be: Lauryn Hill, MTV unplugged
One wish I would make for the 21st century: real estate prices for houses right on the beach drop.

"I think that with becoming a student-athlete at Stanford comes a lot of responsibility. It is our job to uphold the character and tradition of those who came before us. Coming into a national championship volleyball program is an excellent chance to grow as a player and learn from teammates and coaches. Stanford is a unique combination of elite athletics and unparalleled academics and I hope to be able to maintain that image while playing for this prestigious university."

#11 Jessica Fishburn



Outside Hitter/Libero
6-0 Freshman
Los Angeles, CA
The Brentwood School
Birthdate: April 3, 1987
Major: Undeclared

Stanford: Has been a left side outside hitter for her high school and club teams ... Probably will make the change this year to defensive specialist and libero ... Marvelous ball control skills and loves to play defense, according to the Cardinal coaches.

High School: A four year starter at The Brentwood School ... All-CIF all four years ... A three-time league MVP ... Helped her team win the CIF title (24-3) during her junior season ... Collected a career-high 27 kills during her junior season ... Played on club teams since age nine ... Played five years for the Santa Monica Beach Club and four years for Sports Shack ... Helped lead Sports Shack to the national championship in 2005 ... Won numerous academic awards all four years in high school.

Cardinal Catalogue: Parents are Andy Fishburn and Michelle Fishburn ... Dad, who played volleyball at Stanford, played professionally on the beach (two-time world champion) ... Full name is Jessica Emily Fishburn.

Stanford Volleyball will be fun to watch this year because: it's going to be a mix of veteran and new players. We'll get to see the team chemistry on the court.

My greatest athletic moment was: winning the national championship for Sports Shack

The athlete I admire most: Kerri Walsh

The current or former Stanford athlete I most enjoying watching perform: Andy Fishburn (my dad)

Best book I have ever read: The Black Stallion

Favorite Food: pasta

Least Favorite Food: tofu

If I had to cook all of my meals, I'd probably survive on: pesto pasta

My favorite movie: The Notebook

My favorite TV show: Sex and the City

Favorite Actor: Edward Norton; Vince Vaughn

Favorite Actress: Rachel McAdams; Diane Lane

My ultimate Sportscenter highlight would be: playing with Kerri Walsh and Misty May on the beach

My favorite musical group: Ben Harper

The person or people who have had the greatest influence in my life: my dad, and my anatomy and physiology teacher (Tamara Miller)

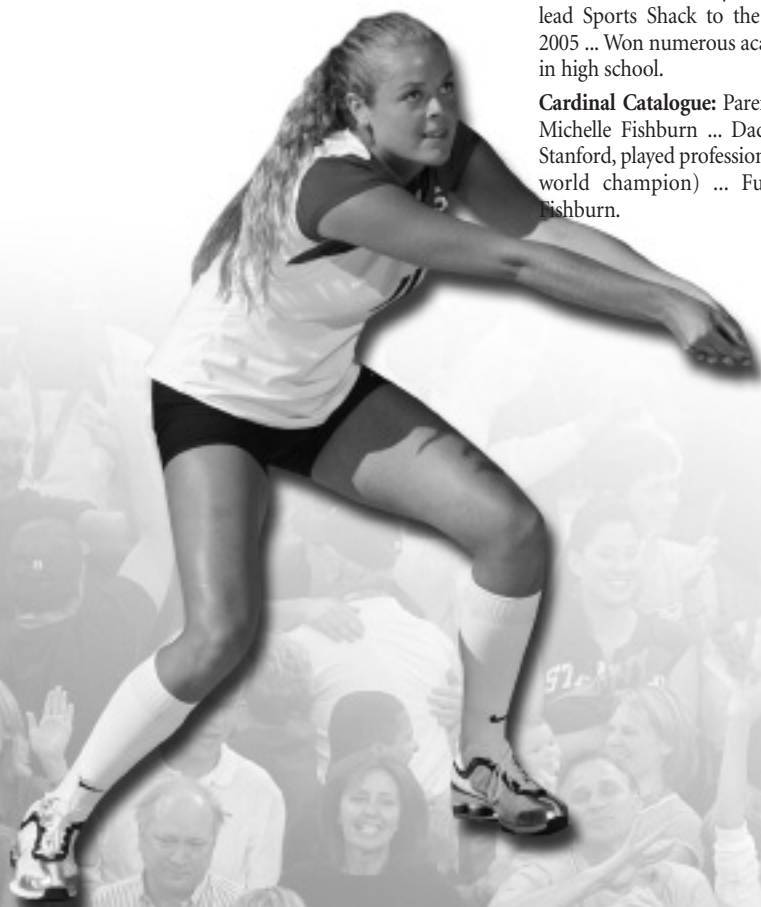
If I could invite three people to dinner in history, they would be: Nelson Mandela, Leonardo DeVinci, Princess Diana

I'd like to switch places for a day with: Oprah Winfrey

My advice to youngsters: Never give up, you can do anything if you work hard.

If I could bring anything from my hometown to Stanford it would be: my car

If I had one CD to listen to it would be: Sublime



"I've wanted to go to Stanford since I was three-years-old. It's a great school with good people and amazing athletes. I've always wanted to be a part of this community."

#8 Alex Fisher



Outside Hitter
 6-1 Freshman
 Menlo Park, CA
 Menlo School
 Birthdate: September 25, 1987
 Major: Undeclared

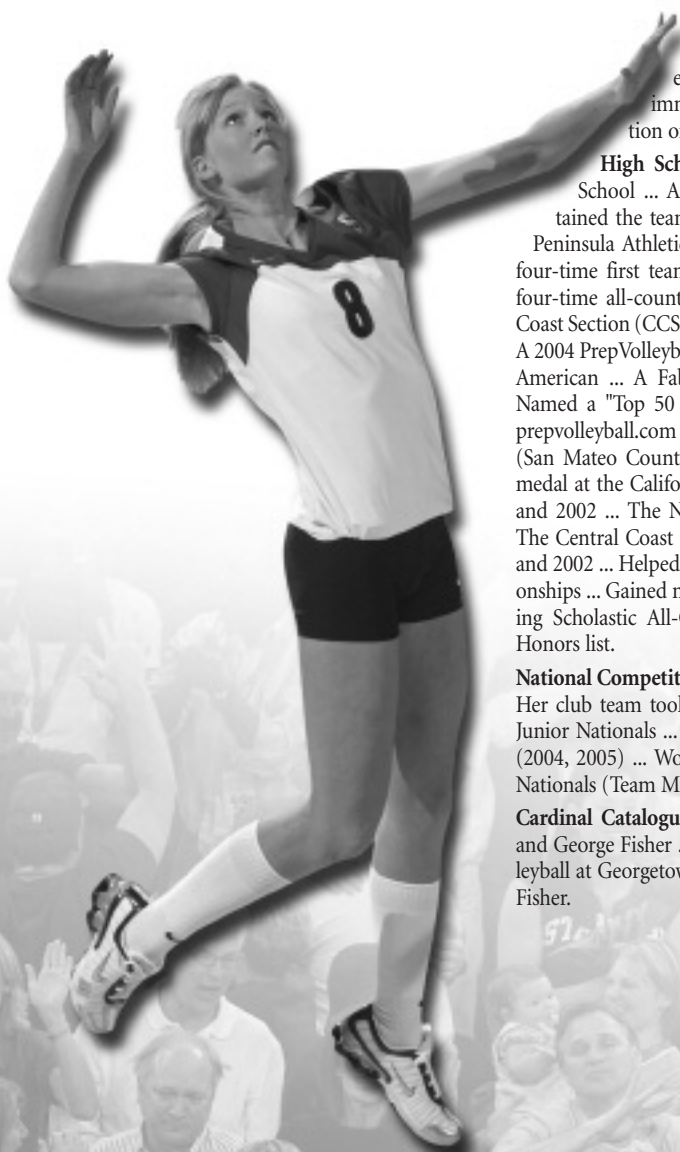
Stanford: Alex is a good all-around player from an outstanding high school volleyball program ... She is very skilled and experienced, and has a chance to play immediately at the outside hitter position or at the opposite position.

High School: A 2005 graduate of Menlo School ... A four-year letter winner, she captained the team her senior season ... Tabbed the Peninsula Athletic League MVP in 2004 and was a four-time first team all-league selection as well as a four-time all-county pick ... Also gained All-Central Coast Section (CCS) honors ... Twice named all-state ... A 2004 PrepVolleyball.com and Mizuno Volleyball All-American ... A Fab Fifty by *Volleyball Magazine* ... Named a "Top 50 Recruit in the Class of 2005" by prepvolleyball.com ... Voted the 2004 Player of the Year (San Mateo County) ... Helped her team to a silver medal at the California State Championships in 2001 and 2002 ... The NorCal champions (2001, 2002) ... The Central Coast Section (CCS) champions in 2001 and 2002 ... Helped her team win four league championships ... Gained numerous academic honors including Scholastic All-CIF, AP Scholar and the Faculty Honors list.

National Competition: Played for Vision Volleyball ... Her club team took silver medal honors at the 2004 Junior Nationals ... The Las Vegas Classic Champions (2004, 2005) ... Won the bronze medal at the Junior Nationals (Team MVP) in 2000.

Cardinal Catalogue: Her parents are Nancy Burrus and George Fisher ... Her sister, Kate Fisher, plays volleyball at Georgetown ... Full name is Alexandra Irene Fisher.

My greatest athletic moment was: winning a silver medal in 18 Open at the Junior Olympics (2004)
The current or former Stanford athlete I most enjoy watching perform: Kristin Folk
Best book I have ever read: Harry Potter series
Favorite Food: turkey club sandwich
Least Favorite Food: mustard
If I had to cook all of my meals, I'd probably survive on: cereal
My favorite movie: Sweet Home Alabama
My favorite TV show: Friends
Favorite Actor: Will Ferrell
Favorite Actress: Christina Applegate
My ultimate Sportscenter highlight would be: winning a national championship
The person or people who have had the greatest influence in my career: my family
My advice to youngsters: follow your dreams
If I could bring anything from my hometown to Stanford it would be: Stanford pretty much is my hometown
If I had one CD to listen to it would be: Kelly Clarkson
One wish I would make for the 21st century: world peace



"Going to Stanford to play volleyball has been my dream ever since I can remember. I am more than excited about going to a school with championship level athletics as well as incredible academics."

#6 Franci Girard



Outside Hitter
6-2 Sophomore
Brooklyn, NY
The Fieldston School
Birthdate: January 18, 1986
Major: Undeclared

Franci Girard - Career Highs

Kills: 13 vs California (10/1/04)
Attempts: 23, 2x, last vs Florida (12/4/04)
Digs: 4 2x, last vs UCLA (11/4/04)
Blocks: 10 at UCLA (10/9/04)
Assists: 2, 2x, last vs Texas (12/10/04)



Stanford: A starter in every match last year ... Trained with the U.S. Junior National Team during the summer of 2005 ... May play more than one position this year in addition to her role as a middle blocker.

2004 Season (Freshman): Started at middle blocker ... A Pac-10 All-Freshman selection ... Played in 131 of 133 games ... Averaged 1.79 kills and 0.91 blocks per game ... Third on the team with 234 total kills ... Recorded a career-high ten blocks vs UCLA (10/9/04) ... Tallied a career-high 13 kills against California (10/1/04) ... Hit a career-best .750 (6-0-8) vs Villanova (9/17/04) ... Tallied a career-high 23 attack attempts against Penn State (9/10/04) ... Recorded six or more blocks on seven occasions ... Collected eleven kills and three blocks vs Florida (12/4/04) during second round action in the NCAA Tournament ... Notched six kills and four blocks against Wisconsin (12/11/04) ... Hit .556 (5-0-9) against Minnesota in the NCAA Final Four title match (12/18/04).

High School: A 2004 graduate of The Fieldston School in the Bronx, NY ... A four-year letter winner ... Captained the volleyball team for two years ... Coached by Colin Henry ... A three-time all-league selection ... Tabbed league MVP in 2001 ... Helped her team to three consecutive NYSAIS State Championships ... Played club volleyball with the Philadelphia Volleyball Academy ... Ivy Preparatory School League Champions in 2001 and 2003.

National Competition: A member of the 2002 and 2003 USA Girls Youth National Team ... Competed in the National Team Challenge Cup in Montreal, Canada ... Named team captain.

Cardinal Catalogue: Daughter of Francis Girard and Jennifer Berkeley ... Has one brother, Harvey (30) and two sisters, Loren (23) and Cecily (21) ... Hobbies include shopping, reading and watching movies with friends ... Full name is Franci Andrea Girard.

Stanford Volleyball will be fun to watch this year because: each person on our team has something unique and important to add. Our returning players have come back even stronger this year and our freshman are ready and willing to work hard. I think that alone combined with our coaching staff will make us an awesome team to watch.

My greatest athletic moment was: winning the national championship last year because I knew that nobody expected it

The athlete I admire most: Candice Wiggins because she works hard on and off the court. She also had great success in her freshman year and managed to stay extremely humble.

The current or former Stanford athlete I most enjoying watching perform: Ogonna Nnamani

Since coming to Stanford, I have learned: to be independent since I am 3,000 miles from home and more competitive on the court.

Best book I have ever read: To Kill A Mockingbird in the 6th grade

Favorite Food: mama's home cooking curry goat with rice and peas

Least Favorite Food: carrots and onions

If I had to cook all of my meals, I'd probably survive on: Ramen noodles

My favorite movie: Love and Basketball

My favorite TV show: Law and Order: SVU

Favorite Actor: Denzel Washington

My favorite musical group: I dont have a favorite group but my favorite rapper is Jay-z and singer is Beyonce Knowles

The best advice I ever received was: this might sound strange but my mom always told me to always believe in myself even when I might be afraid of the task at hand and also to try to have compassion for others no matter the situation.

The person or people who have had the greatest influence in my career: my high school coach Colin Henry

I'd like to switch places for a day with: Oprah

My advice to youngsters: no matter how far fetched others might consider your dreams to be never ever give up because each one of us controls our own destiny. I never thought that I would be playing for a national championship team. It took a lot of hardwork and sacrifice to make it here. But the point is that I made it so dreams do actually come true.

If I could bring anything from my hometown to Stanford it would be: my bed

If I had one CD to listen to it would be: Jay-z: Blueprint 2 or Jay-z Life and Times of S. Carter Volume 3

One wish I would make for the 21st century: I wish we could find an affordable cure for AIDS

"When I committed to Stanford I knew that I was committing to an institution that pushed its student athletes to strive for excellence both on the court and in the classroom. I was able to make it through my freshman year successfully because of all the support that I received from my coaches, professors and various advisors that Stanford provides for its student athletes. Aside from all the resources available at Stanford, I love this university because almost every person that I've encountered here has and will continue to make striking achievements in their careers. As a result of being surrounded by motivated people I too have been motivated to excel on and off the court."

Franci Girard - Career Statistics

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2004	131	234	1.79	85	533	.280	8	0.06	0	0	0.00	0	32	0.24	25	94	119	0.91	19	4

Franci Girard in the NCAA Tournament

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2004	21	38	1.81	14	90	.267	3	0.14	0	0	0.00	0	7	0.33	1	10	11	0.52	5	1

#2 Katie Goldhahn



Setter
5-11 Senior
Lodi, CA
Tokay HS
Birthdate: January 2, 1984
Major: Sociology

Katie Goldhahn - Career Highs

Kills: 4 vs. Pacific (10/7/03)
Aces: 6 vs. Pacific (10/7/03)
Digs: 20 at Washington State (10/24/03)
Blocks: 5 at UCLA (11/13/03)
Assists: 65 vs. Weber State (9/12/03)

Record Book (2002-)

6. Single Match Service Aces (2003) 6
8. Career Assists (2002-) 1,674

Stanford: Will play two major roles (setter/defensive specialist) for Stanford this year, according to the Cardinal coaching staff ... Coming off an excellent junior season in 2004 and a great spring in 2005 ... Has developed into one of the leaders for the Cardinal.

2004 Season (Junior): Played in 88 games (31 matches) ... A Pac-10 All-Academic Honorable Mention selection ... Averaged 2.18 assists, 0.14 service aces and 1.30 digs per game ... Tallied a season-best 29 assists against Villanova (9/17/04) ... Notched a season-high ten digs vs California (10/1/04) and Washington (10/23/04) ... Had one double-double on the season (California, 10/1/04).

2003 Season (Sophomore): Played in all 32 matches (started 25) for the Cardinal ... Averaged 10.25 assists and 2.37 digs per game ... Had 24 service aces on the year ... Collected six service aces against Pacific (10/7/03), sixth all-time for a single-match ... Notched a career-high 20 digs at Washington State (10/24/03) ... Tallied a career-high 65 assists versus Weber State (9/12/03) ... Averaged 11.80 assists and 2.50 digs in postseason matches ... Posted 17 digs and 46 assists against Washington (9/27/04) ... Had 12 double-doubles on the year (assists/digs).

2002 Season (Freshman): Played in 40 games (23 matches) ... Averaged 6.55 assists and 1.30 digs per game ... Tallied a season-high 40 assists against Washington (10/18/02) ... Had a season-high two service aces versus Arizona State (11/8/02) ... Tallied a season-high eight digs at Minnesota (8/24/02) ... Saw her first postseason action against Sacramento State (12/6/02) where she had five assists in two games played ... Had 18 assists, two kills, two digs and a block against USC (12/21/02) in the NCAA championship match.

High School: A 2002 graduate of Tokay High School ... A two-year letterwinner in volleyball and water polo ... Captained the volleyball team in 1997 and 1998 ... First-team all-league in 1997 and 1998 ... The 1997 All-Area Newcomer of the Year ... The 1998 Student

Stanford Volleyball will be fun to watch this year because: it's the first year we will be playing in the "new" Maples Pavilion, and we are the defending national champions
My greatest athletic moment was: winning the 2004 National Championship
The athlete I admire most: Ogoma Nnamani
The current or former Stanford athlete I most enjoying watching perform: Lisa Sharpley, former Stanford volleyball setter
Since coming to Stanford, I have learned: how much pride Stanford students and athletes have for our school.
Best book I have ever read: The Secret Lives of Bees, The Da Vinci Code
My Favorite Class: Religious Studies 105: Spiritual vs Religious
Favorite Food: veggie pizza and Costco trail mix
Least Favorite Food: brussel sprouts
If I had to cook all of my meals, I'd probably survive on: maple and brown sugar instant oatmeal
My favorite movie: Good Will Hunting/The Notebook
My favorite TV show: Law and Order/The Family Guy
Favorite Actor: Will Ferrell & Ryan Gosling
Favorite Actress: Sandra Bullock
My ultimate Sportscenter highlight would be: winning the gold medal at the Olympics
My favorite musical group: Dave Matthews Band
The best advice I ever received was: "You won't know unless you try" from my mom
The person or people who have had the greatest influence in my career: my dad, mom and brother. They've provided me with so much strength, stability and love in my life.
If I could invite three people to dinner in history, they would be: God, Martin Luther King Jr., Abraham Lincoln
I'd like to switch places for a day with: Oprah Winfrey
My advice to youngsters: be passionate about anything you set your mind to. You can learn to improve, but you can't learn to love.
If I could bring anything from my hometown to Stanford it would be: my dog Irma, and our drive-through Starbucks!
If I had one CD to listen to it would be: our pre-game mix
One wish I would make for the 21st century: that all my family and friends are safe, healthy and happy.

Sports Sophomore of the Year ... The 1997 and 1998 Student Sports Fab 50 selection ... A 2001 and 2002 Junior National All-American ... Coached by Nicole Gorham (volleyball) and Kip Hummel (water polo).

National Competition: A member of U.S. Youth National Team in 1998, 1999 and 2000 ... A 2001 Junior National Team member ... Captained the 2000 U.S. Youth National Team.

Cardinal Catalogue: Daughter of Alan and Leanne Goldhahn ... Has one brother, Ryan, who attended Dartmouth College ... Hobbies include traveling and spending time with family and friends ... Full name is Kathryn Anne Goldhahn.

Katie Goldhahn - Career Statistics

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2002	40	15	0.38	5	36	.278	262	6.55	5	3	0.12	0	52	1.30	1	13	14	0.35	7	6
2003	119	44	0.37	19	116	.216	1220	10.25	24	27	0.20	0	282	2.37	3	38	41	0.34	6	30
2004	88	3	0.03	2	8	.125	192	2.18	12	18	0.14	0	114	1.30	1	1	2	0.02	0	0
Totals	247	62	0.25	25	160	.231	1674	6.78	41	48	0.17	0	448	1.81	5	52	57	0.23	13	36

Katie Goldhahn in the NCAA Tournament

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2002	4	2	0.50	0	3	.667	23	5.75	1	0	0.25	0	2	0.50	0	0	0	0.00	0	0
2003	10	2	0.20	1	7	.143	118	11.80	3	3	0.30	0	25	2.50	0	5	5	0.50	0	0
2004	13	0	0.00	0	0	.000	22	1.69	1	3	0.08	0	15	1.15	0	0	0	0.00	0	1
Totals	27	4	0.15	1	10	.300	163	6.04	5	6	0.19	0	42	1.56	0	0	5	0.19	0	1

#3 Kirsten Hornbeak



Defensive Specialist/Libero
5-9 Sophomore
Encintas, CA
La Costa Canyon HS
Birthdate: January 11, 1986
Major: Undeclared

Kirsten Hornbeak - Career Highs

Aces: 2 at Utah State (9/3/04)
Digs: 3, 2x, last vs St. Mary's (9/4/04)
Assists: 1 at Oregon (11/11/04)



Stanford: Will play a key role at defensive specialist in 2005 ... She enjoyed a wonderful spring in 2005, according to the Cardinal coaches ... An energetic defensive player, who can dig balls, thus she will see time in the back row this year.

2004 Season (Freshman): Played in 34 games ... Averaged 0.18 service aces and 0.35 digs per game ... Notched a career-high three digs vs Utah State (9/3/04) and St. Mary's (9/4/04) ... Recorded a career-best two service aces against Utah State (9/3/04) ... Saw her first post-season action of her career against Jacksonville (12/3/04).

High School: A 2004 graduate of La Costa Canyon High School in Carlsbad, Calif. ... A three-year letter-winner ... Captained the volleyball team in 2004 ... A 2004 CIF San Diego Region first-team selection ... The CIF Sportsmanship Award winner in 2003 and 2004 ... A member of the 2004 *San Diego Union-Tribune* All-Academic Team ... Captured first place in 2003 in Junior Olympic beach volleyball ... Finished third in the Junior Olympic volleyball tournament in 2004 ... A 2004 CIF/Avocado League All-Academic Team ... Played club volleyball with the Epic Volleyball Club.

Cardinal Catalogue: Daughter of Tom and Gayle Hornbeak ... Has one brother, Kevin (9) ... Father, Tom, played volleyball at Stanford ... Full name is Kirsten Bree Hornbeak.

Stanford Volleyball will be fun to watch this year because: a lot of new talent is joining the team and an all-star group is returning, promising chemistry and excitement!

*My greatest athletic moment was: winning the NCAA Championship
The current or former Stanford athlete I most enjoying watching perform: Ogonna Nnamani*

Since coming to Stanford, I have learned: The importance of close friends

Best book I have ever read: The Sword of Truth

My Favorite Class: Organic Chemistry

Favorite Food: Sourdough bread

Least Favorite Food: Mushrooms and really fishy fish

If I had to cook all of my meals, I'd probably survive on: Canned soup and salad.

My favorite movie: Star Wars

My favorite TV show: Gray's Anatomy

The person or people who have had the greatest influence in my career: My friends and family. Their support means everything!

If I could invite three people to dinner in history, they would be: Jacques Cousteau, Eleanor Roosevelt, and Charles Darwin.

I'd like to switch places for a day with: Idina Menzel (a really great singer)

My advice to youngsters: If you believe in yourself you can do anything you set your mind to.

If I could bring anything from my hometown to Stanford it would be: Moonlight Beach

If I had one CD to listen to it would be: a mix

One wish I would make for the 21st century: more energy towards saving the environment and cutting down on pollution

"Being a student-athlete on the Stanford women's volleyball team is really an honor. Not only am I joining a legacy of great athletes, but I get to meet amazing people day-to-day in an environment that truly never ceases to astound."

Kirsten Hornbeak - Career Statistics

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2004	34	0	0.00	0	0	.000	1	0.03	6	12	0.18	0	12	0.35	0	0	0	0.00	0	0

Kirsten Hornbeak in the NCAA Tournament

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2004	1	0	0.00	0	0	.000	0	0.00	0	0	0.00	0	0	0.00	0	0	0	0.00	0	0

#4 Bryn Kehoe



Setter
5-11 Sophomore
North Bend, OH
St. Ursula Academy
Birthdate: May 29, 1986
Major: Undeclared

Bryne Kehoe - Career Highs

Kills: 4, 2x, last vs Wisconsin (12/11/04)
Attempts: 9 vs Washington (11/18/04)
Aces: 5 vs Utah State (9/3/04)
Digs: 23 vs Penn State (9/10/04)
Blocks: 7, 2x, last vs Washington (11/18/04)
Assists: 70 vs Penn State (9/10/04)

Record Book (2004-)

- 1. Single Season Assists (2004) 1,637
- 8. Single Match Assists (2004) 70
- 9. Single Match Assists (2004) 69
- 9. Career Assists (2004-) 1,637
- 10. Single Match Service Aces (2004) 6

Stanford: Bryn gained experience last year as a setter in the NCAA Tournament which is unusual for a freshman ... Bryn has played with the national and junior national teams during the summer ... Has shown continued improvement which will increase Stanford's chances for a very successful season in 2005.

2004 Season (Freshman): Played in 132 games ... Stanford's starting setter .. A NCAA Final Four All-Tournament selection ... A Pac-10 All-Freshman team selection ... Averaged 12.40 assists, 0.28 service aces and 2.76 digs per game ... Led the team with a school record 1,637 assists ... Recorded a career-high 70 assists and 23 digs against Penn State (9/10/04) ... Collected 18 double-doubles ... Tallied a career-high four kills vs Washington (11/18/04) and against Wisconsin (12/11/04) ... Led the team with 37 service aces ... Notched a career-high five service aces against Utah State (9/3/04) ... Collected a career-high seven blocks against California (10/1/04) and against Washington (11/18/04) ... Averaged 0.61 blocks per game ... Hit .260 ... Had four kills, 45 assists and six blocks against Wisconsin (12/11/04) ... Tallied 48 assists, ten digs and two blocks against Minnesota (12/18/04) in the NCAA Championship match.

National Competition: A member of the 2005 United States team that competed in Switzerland ... The starting setter for the USA Junior National Team that competed in 2005 at the World Championships in Turkey ... Member of the 2004 Junior National Team that took first at NORCECA ... Member of the 2003 USA Youth National Team that competed in Poland at the World Championships, beating Russia ... Competed at 2002 USA A-2 National Camp.

High School: A 2004 graduate of St. Ursula Academy in Cincinnati, Ohio ... A four-year letterwinner ... Captained the volleyball team in 2003 ... Coached by Julie Perry ... A four-year starter ... The 2003 National Player of the Year ... La Rosa's Female Athlete of the

My greatest athletic moment was: winning the national championship
The athlete I admire the most: Lance Armstrong
The current or former Stanford athlete I most enjoy watching perform: Ogonna Nnamani
Since coming to Stanford, I have learned: patience
Best book I have ever read: The Lovely Bones
Favorite Food: chicken
Least Favorite Food: brussel sprouts
If I had to cook all of my meals, I'd probably survive on: peanut butter and jelly sandwiches
My favorite movie: Cool Runnings
My favorite TV show: Law & Order
Favorite Actor: Denzel Washington / Favorite Actress: Angelina Jolie
My ultimate Sportscenter highlight would be: winning four national championships
My favorite musical group: Rascal Flatts
The best advice I ever received was: relax
The person or people who have had the greatest influence in my career: my parents
My advice to youngsters: have fun
If I could bring anything from my hometown to Stanford it would be: skyline chili and Graeters ice cream
If I had one CD to listen to it would be: Rascal Flatts Melt

Year ... A two-time Southwest Ohio District Player of the Year ... The Conference Player of the Year in 2002 and 2003 ... A three-time all-conference selection ... The *Cincinnati Enquirer* All-City Selection in 2001, 2002, 2003 ... A two-time all-state pick ... Helped her team to the state championship in 2001 and 2003 and a runner-up finish in 2002 ... A finalist for National Player of the Year in 2002 (Prepvolleyball.com) ... Played club volleyball with the Team Z Volleyball Club ... Southwest Ohio Officials Association 2003 Lifetime Achievement Award ... Northern Ohio Women Sports Foundation Athlete of the Year.

Cardinal Catalogue: Daughter of Steve and Amy Kehoe ... Has two brothers, Steven, Jr. (17) and Seth (14) ... Father, Steve, played volleyball at Ball State ... Mother, Amy was a two-time All-American volleyball player at Western Michigan ... Grandfather, Fred Kehoe, played football at Ball State University ... Full name is Bryn Drake Kehoe.

Bryn Kehoe - Career Statistics

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2004	132	57	0.43	18	150	.260	1,637	12.40	37	36	0.28	2	364	2.76	7	74	81	0.61	12	28

Bryn Kehoe in the NCAA Tournament

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2004	21	12	0.57	4	29	2.76	297	14.14	1	3	0.05	0	58	2.76	3	11	14	0.67	3	6

#15 Michelle Mellard



Middle Blocker
6-3 Junior
Leawood, KS
Notre Dame de Sion HS
Birthdate: October 15, 1984
Major: American Studies

Michelle Mellard - Career Highs

Kills: 2 vs. Bradley (8/30/03)
Attempts: 2 (four times)
Digs: 2 vs. Weber State (9/12/03)
Blocks: 2, 2x, last vs Jacksonville (12/3/04)



Stanford: Michelle was the most improved player during the spring of 2005 ... No doubt she will continue to contribute to the team's success in 2005.

2004 Season (Sophomore): Played in nine games ... Averaged 0.11 kills and 0.44 blocks per game ... Recorded a career-high two blocks against Jacksonville (12/3/04) in the first round of the NCAA Tournament.

2003 Season (Freshman): Played in four matches (five games) as a Cardinal ... Averaged .80 kills, .40 digs and .40 blocks per game ... Notched her first collegiate kills against Bradley (8/30) as she recorded two kills on two attempts ... Talled her first collegiate dig and block versus Weber State (9/12).

High School: A 2003 graduate of Notre Dame de Sion High School in Kansas City, Mo. ... Four-year letter-winner in both volleyball and basketball ... Captained both sports her senior year ... Coached by Mary Lile (volleyball) and Kristy Guffey (basketball) ... 2001 and '02 all-district selection for volleyball ... 2001 all-state, all-sectional selection ... 2001 all-metro honorable mention and 2002 All-Metro first team ... Collected a record 18 blocks in the state volleyball championship match ... 2002 Johnson County Invitational all-tournament selection ... Played club volleyball for Team KC.

Cardinal Catalogue: Daughter of Ken and Nancy Mellard ... Has one sister, Rachel (23) ... Hobbies include sports and reading ... Full name is Michelle Elizabeth Mellard.

"Being a student athlete at Stanford has been an amazing experience the last two years. I have learned a lot academically because of the intelligent people that I study with. I have grown athletically because of the young women who I train with. I have learned as much on the court about myself as I have in the classroom and I just look forward to the next two years."

Stanford Volleyball will be fun to watch this year because: everyone on our team is so passionate about the sport as well as winning and working together as a team

My greatest athletic moment was: winning the national championship in 2004

The athlete I admire most: Lisa Sharpley (former Stanford volleyball player). She exemplifies what Stanford Volleyball is all about

The current or former Stanford athlete I most enjoying watching perform: Ogonna Nnamani

Since coming to Stanford, I have learned: You always have to believe in yourself and never give up on your goals no matter what obstacles are presented to you in your lifetime; never give up.

Best book I have ever read: Tuesdays With Morrie

My Favorite Class: Children, Youth and the Law taught by Professor Abrahams

Favorite Food: I love seafood, especially shrimp and mexican food

Least Favorite Food: I really don't have anything that I don't like

If I had to cook all of my meals, I'd probably survive on: peanut butter & jelly, and turkey sandwiches

My favorite movie: Thomas Crown Affair or Ocean's 11 (because they are such mind games)

My favorite TV show: Friends

Favorite Actor: Brad Pitt / Favorite Actress: Cameron Diaz

My ultimate Sportscenter highlight would be: being on the Top Ten plays of the day for a kill during a volleyball game, more specifically for a kill during the NCAA Final Four

My favorite musical group: Dave Matthews Band & Counting Crows

The best advice I ever received was: always believe in yourself, stand tall and be proud of your height

The person or people who have had the greatest influence in my career: My family; mom, dad and sister, Rachel

If I could invite three people to dinner in history, they would be: Pope John Paul II, Princess Diana and Michael Jordan

I'd like to switch places for a day with: Bill Gates

My advice to youngsters: try everything when you are young and enjoy yourself. Don't think that you have to choose one sport and focus entirely on one interest. Have ten different sports or activities that you love and do them all!

If I could bring anything from my hometown to Stanford it would be: my family

If I had one CD to listen to it would be: Counting Crows (August and Everything After)

One wish I would make for the 21st century: That family values do not get lost with all the advancement in technology and science

Michelle Mellard - Career Statistics

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003	5	4	0.80	1	5	.600	0	0.00	0	0	0.00	0	2	0.40	0	2	2	0.40	0	0
2004	9	1	0.11	0	8	.125	0	0.00	0	0	0.00	0	0	0.00	0	4	4	0.44	0	0
Totals	14	5	0.36	1	13	.308	0	0.00	0	0	0.00	0	2	0.14	0	6	6	0.43	0	0

Michelle Mellard in the NCAA Tournament

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003	DNP																			
2004	1	0	0.00	0	0	.000	0	0.00	0	0	0.00	0	0	0.00	0	2	2	2.00	0	0
Totals	1	0	0.00	0	0	.000	0	0.00	0	0	0.00	0	0	0.00	0	2	2	2.00	0	0

#5 Nji Nnamani



Outside Hitter
5-9 Junior
Bloomington, IL
University HS
Birthdate: March 25, 1985
Major: Political Science

Nji Nnamani - Career Highs

Kills: 6 at Oregon State (11/12/04)
Attempts: 12 at Oregon State (11/12/04)
Aces: 1 at UCLA (10/9/04)
Digs: 5 at Oregon State (11/12/04)
Blocks: 2 vs Northwestern (9/18/04)

Stanford: A marvelous athlete who has a personality that is infectious ... Her game has developed significantly this past year ... She will probably play on both the left and right side this year.

2004 Season (Sophomore): Played in 28 games ... Averaged 0.79 kills and 0.61 digs per game ... Recorded a career-high six kills and five digs at Oregon State (11/12/04) ... Notched a career-high two blocks vs Northwestern (9/18/04) ... Saw her first post-season action against Jacksonville (12/3/04) in the first round of the NCAA Tournament.

2003 Season (Freshman): Played in six matches (seven games) for the Cardinal ... Averaged 0.29 kills and 0.29 digs per game ... Notched her first collegiate kill against Bradley (8/30/03) as well as her first collegiate dig ... Also hit .333 in that match.

National Competition: A member of U.S.A. High Performance Team in 1999.

High School: A 2003 graduate of University High School in Normal, Ill. ... A four-year letterwinner ... Captained the volleyball team in 2002 ... Coached by Cathy Sanders ... Pantagraph All-Conference in 2001 and 2002 as well as honorable mention in 2000 ... A 2001 and 2002 all-area team selection ... A 2002 *Champaign News Gazette* All-State selection ... A Student Sports 2001 Honorable Mention All-America ... A 2002 Student Sports "Hot 100 Recruits Class of 2003" ... Helped lead her team to the state championships in 1999 and 2000 ... A 2002 MVP of the Beecher Varsity Invitational Tournament ... A 1999 and 2002 Nike Crossroads Classic All-Tournament Team ... Named to the Belleville E. Tournament All-Tournament Team in 2002 ... A *Champaign News Gazette* All-State Second Team selection in 2001 and Honorable Mention in 2000 ... Recorded a school record 29 kills in October 2001 which ranks fifth in Illinois for most kills in a match ... A 2002 National Honor Society member ... Played club volleyball with the Illini Elite Volleyball Club under Andy Erins.

Stanford Volleyball will be fun to watch this year because: we are a group of driven and unique individuals that enjoy each others company; the game of volleyball, and winning.

My greatest athletic moment was: winning the 2004 National Championship in Long Beach, Ca.

The athlete I admire most: Wilma Rudolph (Olympic gold medal sprinter)

The current or former Stanford athlete I most enjoying watching perform: Ogonna Nnamani. She has game and we have the same last name.

Since coming to Stanford, I have learned: time management

Best book I have ever read: To Kill a Mockingbird by Harper Lee

My Favorite Class: Political Science 140L: The Federal System; taught by Andrew Rutten. He is great!

Favorite Food: anything my mom cooks

Least Favorite Food: eggs

If I had to cook all of my meals, I'd probably survive on: spaghetti, and peanut butter and jelly sandwiches

My favorite movie: Remember the Titans, and Love & Basketball

My favorite TV show: Fresh Prince of Bel Air

Favorite Actor: Denzel Washington

Favorite Actress: Halle Berry and Kate Hudson

My ultimate Sportscenter highlight would be: to win another national championship in front of a sold out crowd

My favorite musical group: Marvin Gaye and Coldplay

The best advice I ever received was: to live everyday of your life

The person or people who have had the greatest influence in my career: my parents and sister

If I could invite three people to dinner in history, they would be: Martin Luther King Jr., John F. Kennedy and Gandhi

I'd like to switch places for a day with: Oprah Winfrey!!

My advice to youngsters: you can do it. Just set your mind to it

If I could bring anything from my hometown to Stanford it would be: my room and my family

If I had one CD to listen to it would be: a mix of the Marvin Gaye's Anthology and Coldplay's A Rush of Blood to the Head

One wish I would make for the 21st century: good health and happiness for my friends and family

Cardinal Catalogue: Daughter of Chika and Uzo Nnamani ... Her sister Ogonna was a four-time All-American and one of the great volleyball players at Stanford University ... Has two brothers, Nnaemeka (18) and Ikechi (14) ... Hobbies include listening to music and being with my family ... Full name is Njideka Mukosolu Nnamani

Nji Nnamani - Career Statistics

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003	7	2	0.29	1	7	.143	0	0.00	0	1	0.00	0	2	0.29	0	0	0	0.00	0	0
2004	28	22	0.79	10	54	.222	2	0.07	1	3	0.04	0	17	0.61	2	5	7	0.25	1	1
Totals	35	24	0.79	11	61	.213	2	0.06	1	4	0.03	0	19	0.54	2	5	7	0.20	1	1

Nji Nnamani in the NCAA Tournament

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003	DNP																			
2004	1	2	2.00	1	4	.250	0	0.00	0	0	0.00	0	0	0.00	0	0	0	0.00	0	0
Totals	1	2	2.00	1	4	.250	0	0.00	0	0	0.00	0	0	0	0	0	0.00	0	0	0

#10 Kristin Richards



Outside Hitter
6-0 Junior
Orem, UT
Timpanogos HS
Birthdate: June 30, 1985
Major: Urban Studies

Kristin Richards - Career Highs

Kills: 24 at Nevada (9/4/04)
Attempts: 62 vs Penn State (9/10/04)
Digs: 28 vs Penn State (9/10/04)
Service Aces: 3, 2x, last at Arizona State (11/26/04)
Assists: 4 (3 times)
Blocks: 5 (4 times)

Record Book (2003-)

- 1. Single Season Digs (2004) 502
- 5. Single Match Digs (2004) 28

Stanford: A two-year starter for Stanford ... A member of the U.S. National Team where she also started during the summer of 2005 ... Should play an ever greater role on the Cardinal in 2005.

2004 Season (Sophomore): Played in 132 games ... *Volleyball Magazine* All-American ... An NCAA Final Four All-Tournament selection ... An NCAA Regional All-Tournament choice ... A Pac-10 First Team selection ... Named to the (NCAA) Green Bay Regional All-Tournament team ... Named Pac-10 All-Academic Honorable Mention ... Averaged 3.68 kills and 3.80 digs per game ... Collected 22 double-doubles, including seven in the last eleven matches ... Notched a career-high 28 digs against Penn State (9/10/04) ... Recorded a career-high 24 kills at Nevada (9/4/04) ... Her 502 digs is a single season school record ... Led the team in digs and was second in kills ... Had a career-high five blocks against Nevada (9/4/04) and Arizona State (9/24/04) ... Her 28 digs against Penn State (9/10/04) ties for fifth all-time at Stanford for a single match ... Recorded 16 kills and 21 digs against Florida (12/4/04) ... Tallied 14 kills and 17 digs against Texas (12/10/04) ... Notched 14 kills and 22 digs against Washington (12/16/04) in the NCAA Final Four semifinals.

2003 Season (Freshman): *Volleyball Magazine* National Freshman of the Year ... NCAA Pacific Region Freshman of the Year ... Pac-10 Freshman of the Year ... All-Pac-10 selection ... Pac-10 All-Freshman Team ... Averaged 3.38 kills and 3.03 digs per game ... Notched 19 double-doubles (kills-digs) on the year ... Averaged 3.96 points per game ... Averaged 4.30 kills and 4.60 digs in postseason play ... Had a service ace in four of her last five matches ... Posted a career-high five blocks on two occasions.

National Competition: A member of the United States team that competed at the 2005 World Grand Prix ... A member of USA Volleyball's A2 program in 2003 ... 2000 captain of the Youth National Team ... Traveled to Switzerland with the National Team in '00 ... Member of Junior National Team in 2001-02.

High School: A four-year letterwinner at Timpanogos High School in Orem, Utah ... Captained her team during her junior and senior seasons ... A four-time

Stanford Volleyball will be fun to watch this year because: we have the greatest people in the world on our team. You couldn't find a better group of fifteen girls anywhere else if you tried.

My greatest athletic moment was: It's a tie between beating Washington at Stanford last season and winning a national championship

The athlete I admire most: Ogbonna Nnamani. She's my hero. I want to be just like her when I grow up.

Since coming to Stanford, I have learned: a lot about life and growing up; to appreciate the little things and also how to manage time between a sport that runs my life, lots of great friends and academics.

Best book I have ever read: The Hiding Place by Corrie Ten Boom

My Favorite Class: Italian

Favorite Food: string cheese, saltines, Papa Johns pizza, and mint chocolate chip ice cream.

Least Favorite Food: seafood, but I did try sushi for the first time ever this year. It wasn't a good experience.

My favorite movie: Finding Neverland and Braveheart

My favorite TV show: Friends

Favorite Actor: Denzel Washington / Favorite Actress: Julia Roberts

My ultimate Sportscenter highlight would be: winning the gold medal

My favorite musical group: Coldplay or Dave Matthews Band

The best advice I ever received was: always be grateful.

The person or people who have had the greatest influence in my career: the parentals.

I'd like to switch places for a day with: Cynthia Jane Barboza

My advice to youngsters: have as much fun and be as irresponsible as possible before you have to grow up

If I could bring anything from my hometown to Stanford it would be my family. Definitely not the snow.

If I had one CD to listen to it would be: the punk mix my 12-year-old brother made for me.

One wish I would make for the 21st century: world peace

all-region selection and all-state honoree ... A 2000 & 2002 Region MVP ... A 2000 Student Sports National Sophomore of the Year ... A 2001 & 2002 All-American ... A 2001 & 2002 Utah Gatorade Player of the Year ... The 2002 State MVP ... The 2003 National Gatorade Player of the Year ... A 2001 & 2002 Academic all-region selection ... Led her team to a state championship in 2002-03 ... Played club for the Players Volleyball Club, and helped her team win the 2002 Nationals ... Voted MVP.

Cardinal Catalogue: Daughter of Dave and Lori Richards ... Has one sister Lauren (22), and two brothers, Andrew (17) and Taylor (12) ... Sister, Lauren, currently plays volleyball at BYU ... Both her father and mother played volleyball at BYU ... Father, Dave, also played on the U.S. National Team ... Full name is Kristin Lynne Richards.

Kristin Richards - Career Statistics																				
Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003	116	392	3.38	176	956	.226	45	0.39	26	39	0.22	36	351	3.03	24	35	59	0.51	13	4
2004	132	486	3.68	216	1,229	.220	40	0.30	28	42	0.21	46	502	3.80	35	38	73	0.55	6	5
Totals	248	878	3.54	392	2,185	.222	85	0.34	54	81	0.22	82	853	3.44	59	73	132	0.53	19	9

Kristin Richards in the NCAA Tournament																				
Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003	10	43	4.30	14	91	.319	0	0.00	2	1	0.20	2	46	4.60	2	5	7	0.70	1	0
2004	21	76	3.62	25	182	.280	11	0.52	2	4	0.10	6	97	4.62	6	5	11	0.52	1	1
Totals	31	119	3.84	39	273	.293	11	0.35	4	5	0.13	8	143	4.61	8	10	18	0.58	2	1

#14 Courtney Schultz



Libero
6-1 Senior
Pacific Palisades, CA
Harvard-Westlake HS
Birthdate: January 20, 1984
Major: Human Biology

Courtney Schultz - Career Highs

Kills: 5 vs. Houston (9/13/02); 5 at Nevada (9/4/04)
Attempts: 10, 2x, last vs Illinois State (9/11/02)
Aces: 3 vs Eastern Washington (9/9/04)
Digs: 21 vs Washington (12/16/04)
Blocks: 3 at Nevada (9/4/04)
Assists: 5 vs Pacific (12/7/02)

Stanford: Courtney is one of two seniors on the Cardinal in 2005, and thus will play a major leadership role ... One of the best pure passers in the country ... At the end of last season showed signs of developing into an excellent defensive player as well ... Her continued development will be a key to the team's success in 2005.

2004 Season (Junior): Played in 124 games ... Starting libero ... A Pac-10 All-Academic Honorable Mention selection ... Averaged 2.61 digs per game ... Tallied 19 digs against Penn State (9/10/04) ... Collected double figures in digs in 14 matches ... Tied her career-high with five kills against Nevada (9/4/04) ... Set a career-high with three service aces against Eastern Washington (9/9/04) ... Recorded 17 digs against St. Mary's (9/28/04) ... Posted 12 digs against Florida (12/4/04) in the second round of the NCAA Tournament ... Tallied 13 digs against Wisconsin (12/11/04) in the NCAA Regional Final ... Tallied a career-high 21 digs against Washington (12/16/04) in the NCAA Final Four Semifinals, and 14 against Minnesota (12/18/04) in the NCAA Championship match.

2003 Season (Sophomore): Played in 31 matches (107 games), starting in two ... Honorable Mention Pac-10 All-Academic selection ... Averaged 1.36 digs per game ... Notched double figures in digs on five occasions.

2002 Season (Freshman): Played in 105 games (32 matches) ... Starting libero ... Averaged 2.03 digs per game ... Pac-10 Freshmen All-Conference Honorable Mention selection ... Tallied double figures in digs on nine occasions ... Set a career high with five kills vs. Houston (9/13/02) and 10 attempts at Illinois State (9/11/02) ... Had her first collegiate service ace against Cal Poly (9/7/02) ... Saw her first postseason action against Sacramento State (12/6/02) and notched 10 digs and two assists ... Produced a career-high five assists vs. Pacific (12/7/02).

High School: A 2002 graduate of Harvard-Westlake High School in North Hollywood, Calif. ... Four-year letterwinner ... Captained the team in 2000 and 2001 ... Coached by Jess Quiroz ... The 2000 CIF, *Los Angeles Daily News* and *Los Angeles Times* Player of the Year ... A CIF first-team selection in 1999 and 2000 ...

Stanford Volleyball will be fun to watch this year because: it is fun to watch every year! At least I hope so
My greatest athletic moment was: winning the 2004 NCAA Women's Volleyball Championship
The athlete I admire most: Lance Armstrong
The current or former Stanford athlete I most enjoying watching perform: Lisa Sharpley
Since coming to Stanford, I have learned: How much I do not know
Best book I have ever read: The Fountainhead by Ayn Rand
My Favorite Class: Infectious Diseases and the Environment- turned out to be much more interesting than it sounded
Favorite Food: Veggie Burgers and Ketchup
Least Favorite Food: Fish/Red Meat
If I had to cook all of my meals, I'd probably survive on: grilled cheese, or peanut butter and jelly sandwiches
My favorite movie: Shawshank Redemption
My favorite TV show: Law and Order
Favorite Actor: Johnny Depp / Favorite Actress: Charlize Theron
My ultimate Sportscenter highlight would be: winning a second National Championship
My favorite musical group: The Beatles
The best advice I ever received was: Don't roll your eyes... thanks John!
The person or people who have had the greatest influence in my career: My parents
If I could invite three people to dinner in history, they would be: My three grandparents I never had the pleasure of meeting.
I'd like to switch places for a day with: George W. Bush.
My advice to youngsters: Stay in school and don't do drugs
If I could bring anything from my hometown to Stanford it would be: The beach and the Coffee Bean and Tea Leaf
If I had one CD to listen to it would be: Abbey Road by the Beatles
One wish I would make for the 21st century: World Peace. Is there any other answer?

The Mission League MVP in 2000 ... A Mission League first-team honoree in 1999 and 2000 ... Led team to a state championship in 2000 ... Was tabbed MVP of the State Championships that same year ... Fox Sports West Player of the Week (11/9/00) ... Fred Rogan All-Region Power Bar Athlete ... The 1999 *Los Angeles Times* Player of the Year ... Played club volleyball for Tim Jensen of the Sports Shack Club.

National Competition: Attended the 1998 Olympic High Performance Training Camp ... A 2000 U.S. Youth National Team member ... Her team won a silver medal in zonal championships.

Cardinal Catalogue: Parents are Gregory and Christine Schultz ... Has one sister, Katlain (23) ... Hobbies include dance ... Full name is Courtney Margaret Schultz.



Courtney Schultz - Career Statistics

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2002	105	11	0.10	1	23	.435	21	0.20	1	3	0.01	41	213	2.03	2	2	4	0.04	0	2
2003	107	8	0.07	3	19	.263	22	0.21	2	7	0.02	20	145	1.36	0	0	0	0.00	1	0
2004	124	11	0.09	4	29	.241	26	0.21	21	24	0.17	28	324	2.61	1	4	5	0.04	0	1
Totals	336	30	0.09	8	71	.310	69	0.21	24	34	0.07	89	682	2.03	3	6	9	0.03	1	3

Courtney Schultz in the NCAA Tournament

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2002	20	0	0.00	0	0	.000	11	0.55	0	0	0.00	13	48	2.40	0	0	0	0.00	0	0
2003	10	0	0.00	0	0	.000	4	0.40	0	0	0.00	4	17	1.70	0	0	0	0.00	0	0
2004	21	0	0.00	0	0	.000	3	0.14	3	6	0.14	8	73	3.48	0	0	0	0.00	0	0
Totals	51	0	0.00	0	0	.000	18	0.35	3	6	0.06	25	138	2.71	0	0	0	0.00	0	0

#13 Lizzie Suiter



Middle Blocker
6-2 Junior
Aspen, CO
Aspen HS
Birthdate: October 20, 1984
Major: Communication

Lizzie Suiter - Career Highs

Kills: 9 vs Washington (11/18/04)
Attempts: 26 vs Washington (11/18/04)
Aces: 1 vs. Bradley (8/30/03)
Digs: 3 (3 times)
Blocks: 10, 2x, last vs UCLA (11/4/04)

Record Book (2003-)

2. Single Season Blocks (2004) 198

Stanford: Enjoyed one of the best blocking seasons in Stanford history last year ... Expect an even better year in 2005 ... Has improved other areas of her game dramatically during the spring of 2005 ... Brings an amazing set of natural blocking instincts to the court ... She has a knack for where the ball is going.

2004 Season (Sophomore): Played in all 133 games ... Stanford's starting middle blocker ... Averaged 1.23 kills and 1.49 blocks per game ... A first team Pac-10 All-Academic selection ... Her 198 total blocks ranks second on The Farm for a single season ... Recorded a career-best nine kills against Washington (11/18/04) ... Tallied a career-high ten blocks vs St. Mary's (9/28/04) and UCLA (11/4/04) ... Recorded six or more blocks in 13 matches ... Hit a career-best .700 (7-0-10) against Washington State (10/22/04) ... Hit .309 for the year ... Ranked second in the league in blocks per game ... Did not commit a hitting error in 16 of 36 matches ... Had seven kills and four blocks against Jacksonville (12/3/04) in the first round of the NCAA Tournament ... Collected five blocks in the win over Texas (12/10/04) and in the NCAA title match against Minnesota (12/18/04).

2003 Season (Freshman): Played in three matches (three games) for Stanford ... Averaged 0.67 kills and 0.33 service aces per game ... Notched her first collegiate service ace versus Bradley (8/30/03) ... Tallied her first collegiate kill against Oregon (11/20/03) where she hit 1.000 (2-0-2) ... Hit .500 on the season.

High School: A 2003 graduate of Aspen High School in Aspen, Colo. ... A three-year letterwinner in volleyball and four-year winner in basketball ... Captained the volleyball team her senior year ... 2002 Western Slope 3A Player of the Year ... Helped lead her team to a state championship in 2001-02 ... A 2002 first-team all-conference selection ... A 2002 all-state selection ... A 2003 Academic all-state (first team) selection ... In 2002, ranked third in the state for blocks, seventh in kills and 10th in aces ... 2001 first-team all-state ...

Stanford Volleyball will be fun to watch this year because: we have a title to defend, and we finished last year on a win. We might as well continue the winning streak into this year.

My greatest athletic moment was: having Jen Hucke jump on me when we won (the NCAA title) last year in Long Beach

The athlete I admire most: Rob Blake (Colorado Avalanche hockey)

The current or former Stanford athlete I most enjoying watching perform: Ed McCaffrey (football)

Since coming to Stanford, I have learned: how to nap

Best book I have ever read: The Power of One, and The Fountainhead

My Favorite Class: Drawing

Favorite Food: cold corn on the cob and raw potatoes

Least Favorite Food: cottage cheese, sour cream, cream cheese

If I had to cook all of my meals, I'd probably survive on: avocados.

My favorite movie: Tommy Boy

My favorite TV show: I Love the 80's

Favorite Actor: Harrison Ford

Favorite Actress: Angelina Jolie

My ultimate Sportcenter highlight would be: I don't know if Sportcenter was even around, but when the U.S. hockey team won against the USSR in the 1980 Olympics.

My favorite musical group: The Beatles

The best advice I ever received was: "Don't worry about it until you have to." or "Be careful of reading health books...You could die of a misprint."

The person or people who have had the greatest influence in my career: my teammates

If I could invite three people to dinner in history, they would be: Mitch Hedberg, Albert Einstein, and Gandhi

I'd like to switch places for a day with: Ogonna Nnamami, duh. I would be unreal at volleyball, be the female athlete of the year, and have Nji as a sister. Yikes.

My advice to youngsters: If you are going to laugh about it later, might as well laugh about it now.

If I could bring anything from my hometown to Stanford it would be: mountains. Real, rocky, huge, beautiful mountains.

If I had one CD to listen to it would be: Ray LaMontagne

One wish I would make for the 21st century: That we don't run out of our natural resources and that all nuclear weapons are dismantled. That's two wishes, but oh well.

Played club volleyball for the High Mountain Volleyball Club ... National Honor Society.

Cardinal Catalogue: Daughter of Gary and Fran Suiter ... Has one sister, Julia (23) ... Hobbies include reading, writing, art, painting, swimming, skiing, movies and cooking ... Full name is Elizabeth Kay Suiter.

Lizzie Suiter - Career Statistics

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003	3	2	0.67	0	4	.500	0	0.00	1	0	0.33	0	0	0.00	0	0	0	0.00	0	0
2004	133	164	1.23	35	417	.309	2	0.02	0	0	0.00	1	39	0.29	50	148	198	1.49	21	3
Totals	136	166	1.22	35	421	.311	2	0.01	1	0	0.01	1	39	0.29	50	148	198	1.46	21	3

Lizzie Suiter in the NCAA Tournament

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003	DNP																			
2004	21	31	1.48	9	74	.297	1	0.05	0	0	0.00	0	9	0.43	10	15	25	1.19	2	0
Totals	21	31	1.48	9	74	.297	1	0.05	0	0	0.00	0	9	0.43	10	15	25	1.19	2	0

#12 Erin Waller



Outside Hitter/Middle Blocker
6-1 Freshman
Ballwin, MO
Incarnate Word Academy
Birthdate: May 3, 1987
Major: Undeclared



Stanford: Erin will be a middle blocker and at the opposite positions at Stanford ... Has played on some of the best club and high school teams in the nation the past couple years ... Has a tremendous level of experience and maturity on the court.

High School: A 2005 graduate of Incarnate Word Academy ... Captained the team her senior season ... Was tabbed 2003 *St. Louis Post-Dispatch* Player of the Year and was a 2004 high school All-American ... Led Incarnate Word Academy to the 2004 Missouri state volleyball championship ... Her team went undefeated ... Posted 1,300 kills over her high school career and was the 2004 Gatorade Player of the Year in Missouri ... Tabbed by prepvolleyball.com as the National Junior of the Year in 2003 and National Player of the Year in 2004 ... She is a three-time all-metro and all-state selection ... Played club volleyball for Team St. Louis.

National Competition: Junior Olympic Volleyball Tournament for club volleyball (7 years).

Cardinal Catalogue: Parents are Donald and Joann Waller ... Father played football and baseball at Kansas State ... Mom played volleyball for Coe College in Iowa ... Full name is Erin Jessica Waller.

Stanford Volleyball will be fun to watch this year because: we will have the ability to win another national championship.
My greatest athletic moment was: having an undefeated record senior year (high school season)
The athlete I admire most: Kerri Walsh
The current or former Stanford athlete I most enjoying watching perform: Kerri Walsh
Best book I have ever read: Angels and Demons by Dan Brown
My Favorite Class: Biology
Favorite Food: pasta
Least Favorite Food: hot dogs
If I had to cook all of my meals, I'd probably survive on: Raman Noodles
My favorite movie: Braveheart
My favorite TV show: I don't really watch TV, but I like some of the Friends episodes
Favorite Actor: Mel Gibson / Favorite Actress: Cameron Diaz
My ultimate Sportscenter highlight would be: winning a national championship
My favorite musical group: Dave Matthews Band
The best advice I ever received was: listen to my parents
The person or people who have had the greatest influence in my career: my parents, and high school and club coaches
If I could invite three people to dinner in history, they would be: Jesus Christ, my mother as a teenager, and Abraham Lincoln.
I'd like to switch places for a day with: David Beckham
My advice to youngsters: Choose something you love and give it your all. It will take you places.
If I could bring anything from my hometown to Stanford it would be: my dog Zeke
If I had one CD to listen to it would be: Josh Groban
One wish I would make for the 21st century: I wish that women worldwide will be treated as equals

"I feel so lucky to be able to play with the girls that are on the team. It still hasn't exactly hit me that I'm going to Stanford. The degree I earn from Stanford will open so many doors for me in the future. I am so excited."

#9 Jennifer Wilson



Middle Blocker
5-11 Junior
Spokane, WA
University HS
Birthdate: August 24, 1985
Major: Psychology

Jennifer Wilson - Career Highs

Kills: 2 (3 times)
Attempts: 6 vs Oregon (10/16/04)
Digs: 1 (3 times)
Blocks: 3 vs Oregon (10/16/04)



Stanford: One of the most athletic players on the team ... A hard working athlete ... Has played each of the positions on the team except setting ... Will concentrate at middle blocker this year ... Very quick and adds another dimension of speed to Stanford's offense in addition to the team's blocking.

2004 Season (Sophomore): Played in 15 games ... Collected a career-high three blocks against Oregon (10/16/04) ... Recorded a career-best two kills in three matches ... Averaged 0.67 blocks and 0.60 kills per game.

2003 Season (Freshman): Played in two matches for the Cardinal ... Averaged 0.50 kills and 0.50 digs per game ... Notched her first collegiate kill against Bradley (8/30/03) ... Tallied her first collegiate dig versus Oregon (11/20/03).

High School: A 2003 graduate of University High School in Spokane, Wash. ... A three-year letter winner in volleyball and a one-year winner in both cross country and track ... Captained her volleyball team in the 2001 and 2002 seasons ... A 2002 all-state selection ... A 2001 Honorable Mention All-GSL choice ... Team MVP in 1999 and 2002 ... The 2000 Most Improved Player ... The *Spokane Spokesman-Review* Athlete of the Month ... Played club volleyball for Performance.

Cardinal Catalogue: Daughter of Frank and Paula Wilson ... Has one sister Jillian (18) and two brothers, Jeremy (24) and Joshua (21) ... Full name is Jennifer Rose Wilson.

"Being a student-athlete at Stanford is quite a unique experience. I believe that it adds to the college experience and becomes an integral part of your education. I have learned things about life both on the court and in the classroom and I know that I will be a more well rounded person for it. Competing in a championship volleyball program is something that you must cherish and always carry with pride. It makes you accountable for your actions and reminds you on how lucky you are to be at Stanford playing volleyball for the Cardinal. You must always work your hardest and your goals are always high. My education at Stanford has opened my eyes to so many new fields and ideas about the world. I have some many new interests, and have no idea what I truly want to do with my life after school which is both exciting and scary at the same time."

Stanford Volleyball will be fun to watch this year because: There are five new players and we are returning national champions! We all love the game and each other which shows during our play.

My greatest athletic moment was: winning the national championship with my closest friends, and defeating Washington earlier in the season after being down the first two games in the match and coming back to win the match, 3-2.

The athlete I admire most: Ogonna Nnamani

The current or former Stanford athlete I most enjoying watching perform: Ogonna Nnamani and Brian Heifferon (water polo)

Since coming to Stanford, I have learned: how to be independent and resourceful. Hard work and perseverance will play off no matter how grim the outlook might be. I have also learned how to better prioritize my time and that sleep is more important than a lot of other things. Family means everything.

Best book I have ever read: There is a tie between three; East of Eden; The Red Tent and The Five People You Meet in Heaven

My Favorite Class: Introduction to Learning and Behavior

Favorite Food: No doubt - mashed potatoes and gravy

Least Favorite Food: coconut

If I had to cook all of my meals, I'd probably survive on: chicken breasts, rice, macaroni and cheese, spaghetti, Cheez-Its

My favorite movie: Shawshank Redemption

My favorite TV show: CSI: Crime Scene Investigation

Favorite Actor: Jake Gyllenhaal / Favorite Actress: Kate Hudson

My ultimate Sportscenter highlight would be: playing second base for the Red Sox and making a line drive play to my left. Then jumping and spinning while throwing the ball to first base mid-air to turn two against the Yankees.

My favorite musical group: Dave Matthews Band

The best advice I ever received was: go through life without fear. If you have fear in your heart you will never truly live.

The person or people who have had the greatest influence in my career: my parents

If I could invite three people to dinner in history, they would be: Jesus Christ, the Dalai Lama, Nelson Mandela

I'd like to switch places for a day with: Albert Einstein

My advice to youngsters: stay true to yourself and never forget who you are

If I could bring anything from my hometown to Stanford it would be: my little sister, pine trees and the Columbia River

If I had one CD to listen to it would be: my singing music mix

One wish I would make for the 21st century: that people in this world would stop hating each other and look around and start living life. Also that there would be flying cars.

Jennifer Wilson Career Statistics

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003	2	1	0.50	1	4	.000	0	0.00	0	1	0.00	0	2	0.29	0	0	0	0.00	0	0
2004	15	9	0.60	3	22	.273	0	0.00	0	1	0.00	1	2	0.13	1	9	10	0.67	0	1
Totals	17	10	0.59	4	26	.231	0	0.00	0	2	0.00	1	4	0.24	1	9	10	0.59	0	1

Jennifer Wilson in the NCAA Tournament

Year	G	K	KPG	E	TA	PCT	A	APG	SA	SE	SAPG	RE	DIG	DPG	BS	BA	TOT	BPG	BE	BHE
2003																				
2004																				